Balancing finals and the rush of the holiday season can be overwhelming. Here are some tips and tricks for conquering the upcoming finals season.

**Tip #1: Change Your Scenery:**
Get out of your dorm and find a comfortable place at the library to study. All spaces are available on a first-come, first-serve basis. The study spaces in Mullen Library allow a different level of noise depending upon the floor. Talking is permitted on the first and second floors. The third floor is silent study only.

**Tip #2: Develop A Daily Routine:**
Plan out a daily and weekly study schedule. Library hours during the final exam period are extended. Visit libraries.catholicu.edu for library hours during finals and intersession.

**Tip #3: Take A Break:**
Give your mind a rest every so often. Check out the Popular Reading shelf located on the first floor for some fun reading. Or stream a movie via Swank Digital Campus.

**Tip #4: Unplug:**
Unplug from the virtual world when possible. Check out The Sacred in the Modern exhibit in the May Gallery. Or browse library resources on Women's Suffrage on the first floor.

**Additional Campus Resources**
In addition to the library, CUA has many offices that support students throughout the semester.

- **Center for Academic Success and Career Success**
  McMahon Hall 102
  success@cua.edu
  (202) 319-6262

- **Disability Support Services**
  Pryzbyla Center 127
  cua-dss@cua.edu
  (202) 319-5126

- **Writing Center**
  Mullen Library 219
  cua-writingcenter@cua.edu
  (202) 319-4286

- **Tutoring Services**
  Mullen Library, Second Floor
  cua-tutoring@cua.edu
  (202) 319-5655

- **Counseling Center**
  O’Boyle Hall 127
  (202) 319-5765

---

Our hours are expanded for the final examination period. Please visit the University Libraries website to view the most up-to-date hours. Thank you for understanding.